# Bear Hotel
Crickhowell

Please Order and Pay at the Bar

## Starters

Alex Gooch Bread With Netherend Farm Butter (g,d) (v,vgo) £7.25

Warm Dipping Focaccia From Alex Gooch With EVOO, Balsamic Vinegar, Olives & Sun Blushed Tomato (g) (vg,v) £9.45

Soup Of The Day With A Wedge Of Alex Gooch Bread (v)(vgo)(g,d) £7.70

Salt & Pepper Squid, Sriracha Mayo (m,e,md,g,sy) £10.80

Retro Style Prawn Cocktail With Mary Rose Sauce, Brown Bread & Butter (g,e,md,d,s)(gfo) £11.00

Chicken Liver Parfait, Red Onion Marmalade & Sourdough Toast (sd,g,e,d) £10.00

Black Mountains Smoked Salmon, Rocket, Beetroot, Croutons, Horseradish Cream (f,d,md,g)(gfo) £14.70

Langoustine & Prawn Bisque Finished With Brandy Cream & Herb Oil (s,c,d,sd,g)(gfo) £9.75

French Onion Soup, Traditional Beef & Onion Soup With Gruyère Croûte (d,g,sd)(gfo) £9.00

Warm Smoked Ham, Leek & Snowdonia Cheddar Tart (g,d) £9.00

## Salads

Caesar Salad £9.50/£17.40
Parmesan Shavings, Crôutons,
Smoked Bacon And A Garlic Dressing
With Or Without Anchovies (g,e,md,f,d) (gfo) (Add Chicken £3.40/£7.20)

Watercress & Radicchio With Pear, Beets & Avocado, Lemon Dressing (vg) £9.50/£17.40

Roasted Butternut Squash & Cranberry With Feta Cheese, Rosemary & Shallots (v) £9.50/£17.40

## Open Sandwiches

*(Available Lunch Times Only Mon-Sat)*

*Served On Alex Gooch Sourdough Or Dark Seeded Bread*

Slow Roasted Welsh Beef With Horseradish Scented Potato Salad, Watercress And Frisse (g,md,e) £11.00

Crisp Battered Cod, Minted Crushed Peas, Lettuce And Homemade Tartare Sauce (g,f,e,md) £10.95

Welsh Rarebit With Rocket & Sun Blushed Tomatoes (v) (g,d,e,sd,md) £10.50

Sandwich Of The Day

*See Specials Menu*

## Main Event

Homemade Beef Lasagne £18.80
With Mixed Salad And Focaccia Garlic Bread (g,c,sd,d,e,md)

Melting Bear Burger With Red Leicester And Monterey Jack Cheese, Lettuce, Tomato, Garlic Mayo, Smoked Bacon Jam Served In An Alex Gooch Bun With Chips And Bloody Mary Ketchup (g,c,md,d,sd) (gfo) £20.80

Indian Style Chicken Curry With Fragrant Basmati Rice, Poppadom, Mango Chutney And Raita (d,md)(gf) £21.00

Slow Braised Welsh Beef Short Rib, Garlic Parmesan Fries & Salad (sd,g,d) £25.30

Beer Battered Fish And Chips With Mushy Peas And Homemade Tartare Sauce (f,g,e) £24.00

Plant Based Vegetarian Burger With Melting Cheese In An Alex Gooch Bun, Lettuce, Tomato & Garlic Mayonnaise With Chips And Bloody Mary Ketchup (v,vgo) (g,d,sy) £20.90

Slow Braised Welsh Lamb Shank, Spring Onion Mash & Buttered Vegetables (c,sd,d)(gf) £27.70

Welsh Faggots, Onion Gravy, Chips And Mushy Peas (g,d,c,sd) £18.70

Panko Crumbed Fish Cake on Shredded Mange Tout, Lemon Butter Sauce (f,d,g,e,sd) £17.00

Deep Fried Wholetail Scampi, Chips, Salad And Homemade Tartare Sauce (s,g,e,md) £20.95

Welsh Beef, Mushroom & Ale Pie, Buttered Mash, Peas & Carrots (d,sd,g) £20.95

Pan Roasted Breast Of Chicken With A Cream Marsala And Mushroom Sauce, Sauté Potatoes And Tender Stem Broccoli (c,sd,d) £24.00

Butternut Squash "Mac & Cheese" With A Side of Green Vegetables (v)(g,d) £19.00

Potato Gnocchi With A Wild Mushroom & Pea Cream (vg) (g) £19.95

## From The Grill

Fillet 8oz £39.00 Sirloin 10oz £31.60

*Our Steaks Are Aged For A Minimum Of 28 Days.*
*Cooked To Your Liking With Or Without Garlic Butter And Served With Grilled Mushroom, Tomato, Green Leaves And Chips.*

Sauces (sd,c,d) £4.00
*Peppercorn Or Port And Stilton,*

## Side Orders

Chips, Fries, Mash Or Buttered New Potatoes (d) £5.50
Rocket, Parmesan & Sun Blushed Tomato Salad, Balsamic Syrup (d,sd) £6.60
Side Salad, House Dressing (md) £5.50
Rosemary Roasted Root Vegetables (d) £5.50
Buttered Vegetables (d) £5.50
Sweet Potato Fries Or Garlic Butter & Parmesan Fries (d) £6.60
Alex Gooch Focaccia Garlic Bread (g,d) £5.50
Mac 'N' Cheese (d,g,md) £6.90

*All Of Our Food May Come Into Contact With Nuts Or Gluten Products.*
*Please Advise Us When Ordering Of Any Allergies Or Intolerances To Ensure Your Meal Meets Your Requirements*

Gluten = g egg = e celery = c dairy = d fish = f shellfish/crustacea = s molluscs = m mustard = md
Nuts = n peanut = p sesame = se sulphur dioxide = sd soya = sy lupin = l

# Desserts

Affogato - Vanilla Ice Cream Served With A Shot Of Espresso Coffee £8.90
And Pistachio Biscotti (d,n,e,g)

Sticky Toffee Pudding
Caramel Sauce And Vanilla Bean Ice Cream (g,d,e) £9.40

Apple And Blackberry Crumble, English Custard (g,d) £9.40

Triple Chocolate Brownie With Salted Caramel Ice Cream (g,d,e) £9.40

Tiramisu
Classic Italian Dessert With Mascarpone & Espresso (g,d,e,sd) £9.40

Warm Rice Pudding With A Forest Fruit Preserve & Toasted Almonds (d,n) £9.40

Vanilla Bean Panna Cotta With Raspberry & Tuille Biscuit (d,f,e) £9.40

Red Wine Poached Pear With Vanilla Ice Cream (vg) (sd) £9.40

WELSH CHEESE BOARD
Our Selection Of Three Welsh Cheeses Served With Cradoc Crackers, Celery, Grapes & Chutney (d,g,se,c) £15.40

# Welsh Dairy Ice Creams & Sorbet

## Ice Creams £8.00

(1 Scoop £2.80 2 Scoops£5.60)
(3 Scoops £8.00)

Vanilla (d)
Strawberry (d)
Honeycomb (d)
Belgian Chocolate (d,sy)
Coffee (d)
Salted Caramel (d)

**Vegan Ice Cream**
Vanilla or Chocolate (sy)

## Sorbets £8.00

Mango
Raspberry
Lemon

## Liqueur Coffee

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|---|---|
| Irish *Whiskey* | £9.40 |
| French *Cognac* | £9.40 |
| Calypso *Tia Maria* | £9.40 |
| Jamaican *Rum* | £9.40 |
| Baileys *Irish Cream Liqueur* | £9.40 |
| Seville *Cointreau* | £9.40 |

## Tea

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|---|---|
| Fruit And Herbal | £4.15 |
| Black Tea | £4.15 |
| Green Tea | £4.15 |

## Coffee

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|---|---|
| Espresso | £4.20 |
| Cappuccino | £4.70 |
| Latte | £4.70 |
| Cafetière | £5.25 |
| Cream Floater | £5.80 |

Local Suppliers
FE Richards of Crickhowell,
Welsh Venison Centre Bwlch, Alex Gooch Artisan Bakery Hay on Wye

## Dogs Are Welcome In The Bar But Are Not Allowed On The Furniture

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Gluten Free/ Vegetarian/ Vegan Options

Gluten Free, Vegetarian and Vegan options are indicated by 'GF' (v) Veg/(vg) Vegan next to the dish. (GFO/VGO) indicates vegan and gluten free options are available Whilst due care is taken to ensure all ingredients are gluten free and free from cross contamination, some ingredients (e.g. curry powder) are produced in factories that also manufactures gluten products.'
Please state that you require gluten free dishes when ordering so that our Chefs are aware of your requirements.
We are also pleased to offer Gluten Free and Vegan beer.

*Proprietors: The Hindmarsh Family*

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